



Instructions Following Laser Gingivectomy

A diode laser is a fairly recent dental technology which allows simple removal of gingival tissues for various treatment situations. These include the following: Access for sealant/restoration placement, aiding with crown/bridge impression processes, tissue sculpting around dental implants, or soft tissue biopsy.

This technology is has replaced a similar procedure which was not able to be used in patients with a pacemaker, could not be used around dental implants, and caused much more post operative sensitivity. Although the laser causes much less postop sensitivity, it is not uncommon to have some mild tenderness in the area where it was used. Use of a warm salt water rinse is recommended for several days following (several times per day). The doctor may also prescribe Peridex rinse to be used in place of salt water. In this case, the rinse is to be used in the morning and before bed. In rare situations ibuprofen or Tylenol can be added for moderate tissue discomfort.